

What does it take to grow up healthy? How do we empower young people to commit to the future of health in our communities?

At emPowerU, we provide civic engagement programs where youth are encouraged to think creatively, work collaboratively and problem solve real-life challenges and opportunities.

2020-2021 emPowerU Programming Figures

\$6,105

in fees waived to ensure equitable access

91 percent

high satisfaction rate of our signature programs

306

new participation days

A healthy tomorrow starts with empowering the young people of today.

The 2020-2021 academic year has tested the resiliency of us all.

It has been an honor to lean in and continue as an innovative partner. Mosaic Life Care Foundation Board of Trustees, caregivers and volunteers appreciate our role to invest in innovation and inspire change.

Together, we can cultivate educated, empowered youth leaders.

“Debating is hard and talking with people with different opinions is not always easy. Today, I learned that it is possible and we CAN get somewhere if we listen and support each other.”

-Samaria T., emPowerU Participant



Mosaic Life Care Foundation is committed to building healthy, thriving communities for generations to come. We believe in championing education and empowering people to live their best lives. When health care is needed, we are dedicated to ensuring exceptional health care is available, right here in our region.

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Empowering the young people of today.

2020-2021 emPowerU Program Report





In August 2020, the Foundation Board of Trustees fully committed to making emPowerU programs accessible for all schools in our service region.

Civic Engagement Immersions and e2 Fellowship are now offered free of charge through the next five years for school districts in our 31-county service region. This is a savings of \$15 per participant for each Civic Engagement Immersion circuit and \$375 per team of three for e2 Fellowship.

Civic Engagement Immersions

encourage youth to work collectively as they learn how to address real-life challenges. Through three circuits, every student's voice is heard and all ideas are valued.

e2 Fellowship is a high school intergenerational leadership program that enhances the skills of emerging leaders. The program challenges influences, identifies core values and begins a journey where youth are the creators of the region's future.



The 2020-2021 academic year saw many opportunities for educators and students. In a world of social distancing and virtual learning, emPowerU programming leaned in and piloted three new programs.

STEAM After-School was successfully introduced last fall and builds upon our summer STEAM Camps. This program was created to provide students a collaborative, hands-on learning experience while extra-curricular activities were limited.

We also produced pilot episodes of **emPowerU TV**. This five-minute program helps educate our youth on current events, healthy living, service opportunities and highlights our monthly character traits.

In spring 2021, we introduced **STEAM Field Trips**. Students, grades fourth through sixth, code drones, interact with robotics and experience virtual reality. These hands-on activities help empower the next generation of innovators.

“ The STEAM Field Trip was very beneficial for our students. The best field trips combine fun and learning, and this experience definitely fits that description!

- Osborn R-O School District Teacher ”