



# FY23 ANNUAL REPORT

Building healthy and thriving communities for generations to come.



## About Mosaic Life Care Foundation

### Mission

Champion education and empower people.

### Vision

People inspired worldwide to build healthy and thriving communities.

### Our Why

Mosaic Health System and Mosaic Life Care Foundation are committed to building healthy, thriving communities for generations to come. We believe in championing education and empowering people to live their best lives. When health care is needed, we are dedicated to ensuring exceptional health care is available, right here in our region.

### Healthy Today

At the Foundation, we see the long hours, love and compassion our Mosaic caregivers dedicate as they provide exemplary medical care to help us all live a healthy life. The Foundation actively seeks ways to support advancements in patient care across Mosaic Life Care.

### Healthy Tomorrow

At emPowerU, the Foundation provides civic engagement programs where youth are encouraged to think creatively, work collaboratively and problem solve real-life community challenges and opportunities. A healthy tomorrow starts with empowering the young people of today.

### Healthy Together

Mosaic caregivers know they cannot create the healthy, vibrant communities we all want to see for our children and grandchildren alone. The Foundation values partner opportunities with schools, organizations and you. Together, we can create healthy, livable communities for generations to come.

## Letter From The President

Greetings,

Mosaic Life Care Foundation recognizes the power of partnership. On behalf of our Board of Trustees and our team of caregivers, thank you for your contributing role to the success of our FY23 Annual Report. Your belief in our mission, your kind words, and your generous commitment are all so encouraging. With you, we create healthy communities for generations to come.

We partner with Mosaic system to transform community health by championing patients, value and quality. Through our **Healthy Tomorrow** work, we partner with school districts in our 31-county service region to cultivate educated, empowered youth leaders, board trustees, and committees for a **Healthy Tomorrow**. With wonderful partners like you, we become **Healthy Together** by convening people, organizations and communities to thrive.

I am proud of our Foundation team for the work they accomplish each and every day. While these projects and tasks help us remain committed to our mission, we have also worked diligently to bring our Children's Discovery Center project to fruition. Within this report, enjoy reading an update. And, I hope you will join me November 2024 for our soft opening of this best-in-class facility.

As we build healthy and thriving communities for generations to come, it is our honor to come alongside you with a focus on building community pride, imagining what the future of our region can be and working together to make positive visions become reality.

This report reflects milestones and contributions received during our fiscal year, July 1, 2022 - June 30, 2023.

With warm regards,



**Julie Gaddie, PhD, President**

## Mosaic Life Care Auxiliary

For nearly three years, Mosaic Life Care Auxiliary has led the Trees of Warmth program to support the needs of patients, visitors and caregivers, with cold weather accessories.

The Trees of Warmth committee identified the need to replace a tree that was no longer usable.

When the need was shared during a board meeting, it caught the interest of board member Zack Workman.

“The opportunity tuned my ears up because I like to be able to woodwork and provide something that will help people along the way, so I volunteered my time,” Zack says.

Zack has since created three trees, like the one pictured. Gloves, scarves, hats and socks decorate these trees in St. Joseph located by the SPA Desk, Emergency Department and Cancer Care.

The Trees of Warmth continues to inspire the Auxiliary because the program represents the heart of their mission to enhance health care for patients and their families. Trees of Warmth committee member, Nancy Martin, says she enjoys volunteering her time to the program and the Auxiliary.

“It makes me feel like I am involved with something bigger than myself,” Nancy says. “Like I am doing somebody some good besides myself.”



*Zack Workman*

**SCAN THE QR CODE BELOW TO BECOME AN AUXILIARY MEMBER:**



**OR VISIT:** <https://www.mlcfoundation.com/mosaic-life-care-auxiliary/membership>

## Volunteer Services



*Art Educator, Elaine, poses with the art cart*

Mosaic Life Care Volunteer Services launched a new Healing HeARTS program to relieve patient stress and lift spirits through art and creativity.

Volunteer art instructors began rolling the Healing HeARTS cart filled with art supplies to patient rooms and provided caring guidance in a variety of simple art projects, allowing patients to explore in safe and healing environment. Additionally, the program includes musicians who will perform for patients, visitors, and caregivers.

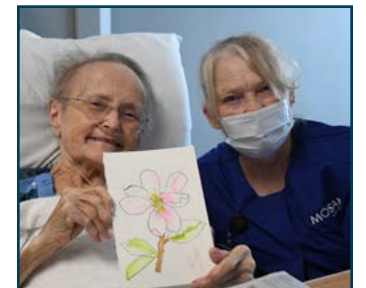
Julie Case, volunteer coordinator, says she was excited to introduce this program to patients and caregivers.

“We want to support patients in their journey to wellness and healing,” Julie says. “Our goal is to engage patients in art and conversation to enhance their time at Mosaic.”

The cart initially began visiting patient rooms identified by Long Term Acute-Care Hospital (LTACH) and Organizational Development and Well-being caregivers. Katy Richmond, patient experience coordinator, says the program is a great way to connect with individuals during their stay.

“I have always felt that loneliness takes away from healing,” Katy says. “Anything we can do at the hospital to be more present with our patients can help to combat that loneliness. The Healing HeARTS program gives them more of our time and attention while creating something beautiful.”

Healing HeARTS is a program supported by Mosaic Life Care Auxiliary.



*Patient Deborah with Art Educator Elaine*

## Making a Generational Impact

When you include the Foundation in your estate plan, your generosity ensures that we can impact those we serve well into the future.

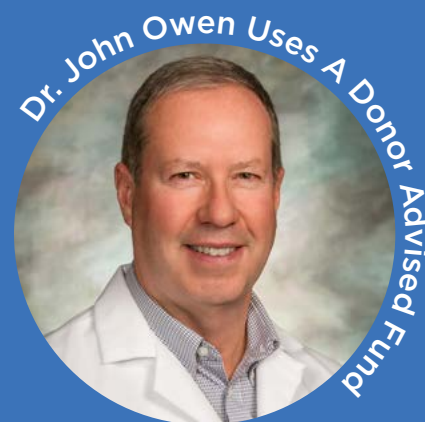


“The Children’s Discovery Center is one of the most exciting and important endeavors to come to our community since we arrived in St Joseph some 40 years ago. Supporting it financially was important for us and using our IRA as the vehicle for contributing to the Center made in a simple and easy way to do it.”

- Lowell and Leslie Kruse

“A donor advised fund allows me to plan in advance for charitable giving by having funds already in place to be used for charitable purposes when an opportunity arises that I would like to support. This type of fund is also a planning tool that ensures the deposited funds remain designated to support philanthropic activities long-term.”

- Dr. John Owen



“We are eagerly awaiting the opening of the Children’s Discovery Center and are honored to be a part of the community of individuals, businesses, and organizations contributing to its construction. We chose to gift appreciated securities and with Leslie’s help the process was simple.”

- Dr. Mike and Kailee Smith



“Being a supporter of the Mosaic Life Care Foundation has been a work of joy for me over the years. Our projects have benefited the community and region in so many ways. As I look toward the future, I found that including the Foundation in my will was easily accomplished by adding it as a part of my bequests. Now I know the good works will continue.”

- Dr. Lynthia Bowman

**SCAN THE QR CODE TO LEARN MORE ABOUT PLANNED GIVING:**



**OR VISIT** [mlcfoundation.myplannedgift.org](http://mlcfoundation.myplannedgift.org)



# emPowerU Programming

In August 2020, the Foundation Board of Trustees fully committed to making emPowerU programs accessible for all schools in our service region.

Civic Engagement Immersions and e2 Fellowship are offered free of charge 2020 – 2025 for school districts in our 31-county service region. This savings per school equates to \$375 - \$3,675 depending on the program and number of participants.

**2022-23 TOPICS:** cyberbullying, digital footprint, disconnect to connect, energy drinks, fact or fiction, food deserts, stress and anxiety, and vaping

**Civic Engagement Immersions** encourage youth to work collectively as they learn how to address real-life challenges. Through three circuits, every student's voice is heard and all ideas are valued.

## 13 SCHOOL DISTRICTS 1,270 PARTICIPANTS

### Missouri

Bessie Ellison	Parkway
Garden Park	Pershing
Coleman	Picket
East Buchanan	Robidoux
Edison	Rushville
Eugene Field	Savannah
Jefferson	Skaith
King City	South Holt
Mark Twain	Spring Garden
Mound City	St. Paul
NE Nodaway	Stanberry
Oak Grove	

### Iowa

Bedford

**e2 Fellowship** is a high school intergenerational leadership program that enhances the skills of emerging leaders. With four meeting days during the school year, high school teams from our 31-county service area gather to learn about their own leadership styles, examine regional challenges and explore ways to implement positive change.

The teams are made up of two high school students and one adult sponsor. The Foundation has recognized the power of diverse and cross-generational collaboration. This leadership journey challenges influences, identifies core values and begins an expedition where youth are the creators of this region's future.



## 11 SCHOOL DISTRICTS 39 PARTICIPANTS

### Iowa

Bedford

### Kansas

Riverside

Troy

### Missouri

Benton

Bishop Leblond

Central

East Buch

Mid-Buch

Jefferson

Lafayette

Northeast Nodaway

St. Joseph Christian

South Holt



Savannah Middle School students engage in our Civic Immersion Program

Savannah Middle School was a first-time participant in our Civic Immersion program this year. 197 students attended both Circuit 1 during the fall semester and Circuit 2 in the spring semester. They were very pleased with their visit to emPowerU and felt it was greatly beneficial to students and teachers.

One teacher commented regarding their visit,

*"I was able to observe my students deepening their thinking and building a deeper understanding of the topic that they were working with while applying skills and concepts that are being taught in the classroom. They were able to apply a real life problem that was relative to them at the age that they are. There were students that typically do not engage that were so deeply engaged and working that they didn't even realize that I was in the room. They were being leaders and cultivating new learning and understanding I don't think they would have had without this experience."*



2022-23 e2 Fellowship teams

Civic Engagement Immersion and e2 Fellowship participants are encouraged to apply for a Jump Starter grant to fund a student-led community service project. Grants are available for up to \$10,000.

The e2 Fellowship team from Bedford, Iowa received a Jump Starter grant for their outdoor classroom community service project. When asked about why area students would benefit from attending the e2 Fellowship program, one of the recipients responded,

*"I think it is important because it helps you get outside of your comfort zone. You meet so many new people, you experience so many new things, you get to be a leader, and that is awesome in itself."*

## Mosaic Foundation — Albany

Mosaic Foundation-Albany has partnered with Mosaic Life Care Foundation for three years. Through this time, their annual operating plan has grown to be strategically aligned with Mosaic Life Care's four pillars: People, Quality, Innovation, and Stewardship. Through a collaborative system approach, Mosaic Foundation - Albany works to advance exceptional healthcare and wellness at Mosaic Medical Center - Albany and across the Albany region.



**People:** This year saw expansion of the number and scope for auxiliary and volunteers. Every day, their volunteers make a difference in the well-being of patients, families and caregivers by serving in various roles throughout the hospital. Volunteers have been eager to make a difference in all departments of Mosaic Medical Center - Albany, serving where the need lies.



**Quality:** We have seen the continued success and growth of the MF-A Gift Shop. Located in the main hallway of the MMC-A, the Gift Shop offers something for everyone. Proceeds benefit Albany's medical center and clinics to support and enhance the lives of our patients and caregivers. The Gift Shop also allows caregivers to purchase Mosaic branded merchandise, giving them the opportunity to show their Mosaic pride.



**Innovation:** Through a variety of innovative offerings, Mosaic Foundation - Albany builds community pride providing intentional opportunities to cultivate a culture of gratitude. Examples include the bi-annual installation of original, inspiring and healing art created by local and regional artists of all ages for the MMC-A Art Experience and the Foundation's Annual Benefit Golf Classic. The Golf Classic remains active in the community, always listening to the needs of the communities we serve, allowing us to innovate to support quality care in our rural area.



**Stewardship:** Philanthropic investment in healthcare has remained of utmost importance for MF-A, achieved through donor-centered giving. Dr. John Owen, Associate Medical Director of MMC-A Emergency Services, made a generational impact by creating a donor advised fund to support Albany caregivers with continued education and training.

## Mosaic Foundation - Albany 36th Annual Benefit Golf Classic

The Mosaic Foundation - Albany 36th Annual Benefit Golf Classic is a wonderful example of how a community comes together to support a good cause.

This year's event raise over \$40,000. More than 100 golfers gathered at the Albany Golf Course to support Mosaic Medical Center - Albany's cafeteria renovation.

On June 29th, a strong storm impacted our community. Mosaic Foundation - Albany made the difficult decision to cancel the Patron Party due to weather. That evening, Mosaic leadership, caregivers, and community members went to Albany Golf Course and began cleanup efforts for Friday's Golf Class. In true Albany fashion, the course was cleared, proving that no natural disaster could stop the community's efforts to support it's hometown hospital.

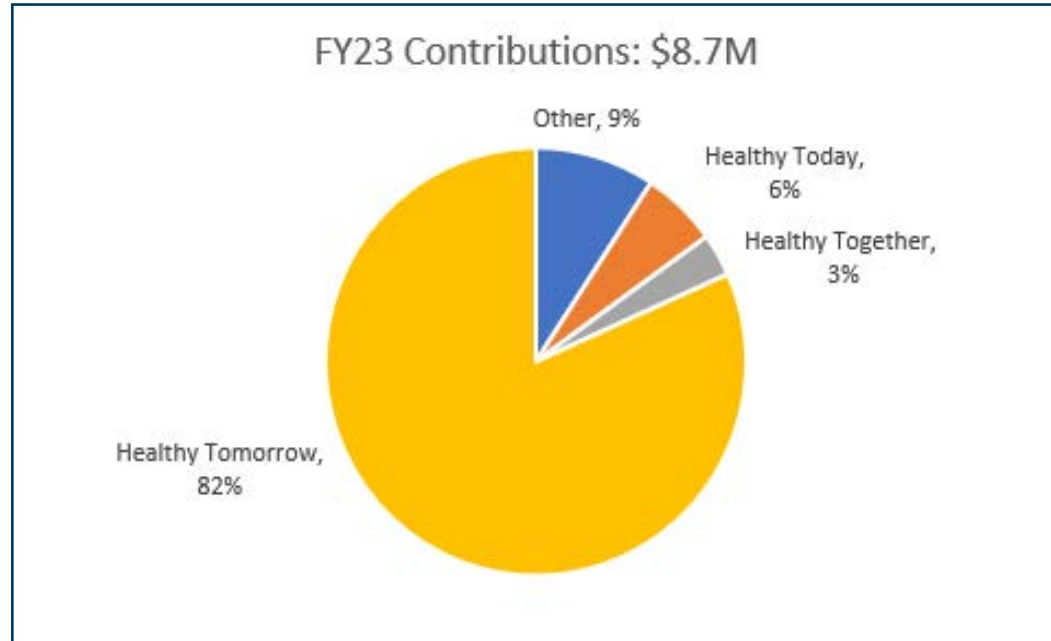
Additionally, community members were invited to join us in the medical center cafeteria for a complimentary dinner hosted by Mosaic Foundation - Albany, Mosaic Life Care Dietary, and Patron Party volunteers.

We thank our area communities for support Mosaic Medical Center - Albany's cafeteria renovation. Special thank you to our caregivers, donors, 45+ volunteers, and generous sponsors.



Follow MF-A on social media @ MosaicFoundationAlbany

## Measures of Impact



## Get Involved

Make a Donation



Become A Volunteer



Follow Us on Social Media @  
FoundationMLC



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*Mosaic Life Care Foundation is a 501(c)(3) public charity committed to building healthy, thriving communities for generations to come. We believe in championing education and empowering people to live their best lives. When health care is needed, we are dedicated to ensuring exceptional health care is available, right here in our region.*