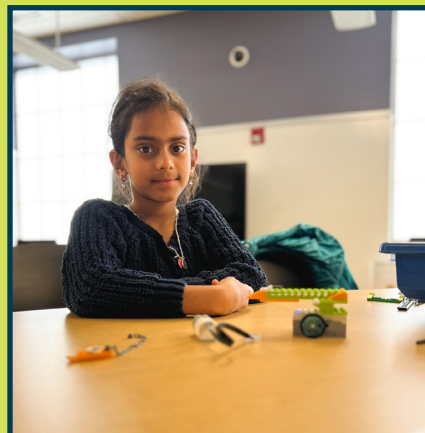


Empowering the young people of today.

2022 — 23 Program Report



Letter From The President

Greetings,

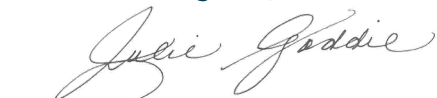
Each year with our emPowerU annual report, I find myself sharing the tremendous news of our educational programming having another record-setting attendance. Each year, I also share my appreciation to each of you as our regional education stakeholders for your investment and your belief in our programming. This year is no exception.

This was another record-setting year of attendance for emPowerU programming and Mosaic Life Care Foundation continues to value the role each of you take in the education of our region's youth. I am honored to share the continued investment by our board trustees and the waiving of program participant fees for Civic Engagement Immersions and e2 Fellowship through 2025. This savings per school equates to \$375 - \$3,675 depending on the program and the number of participants.

Looking ahead to the 2023-2024 academic year, the emPowerU learning opportunities will continue to spark collaboration, creativity, critical thinking, and communication. Additionally, please watch for additional communication from the Foundation about our Children's Discovery Center project. As we work to bring a best-in-industry experience to Downtown St. Joseph, MO, the input you have provided and your belief in this project has been invaluable. With a projected grand opening in late fall of 2024, we remain committed to our core mission while at the same time creating this opportunity to invest back into the community through enhanced education and health related initiatives.

I invite you to follow us on social media, @FoundationMLC to keep up-to-date with this project, our emPowerU programming, and the work of our mission to champion education, empower people, and ensure exceptional health care is available, right here in our region.

With warm regards,



Julie Gaddie, PhD



Julie Gaddie, PhD
President

A Message from Devran Brower


Greetings,

I am excited to share that emPowerU had another successful year as we had record-setting 3,880 program participation days, a 280 day increase compared to last year. We hope the students and adults who participated this year are empowered to make a difference in their schools and community. We appreciate all of you who partner with us to make this success possible.

At emPowerU, we remain steadfast in our belief that youth are key to a better future. If we want students to make positive, lasting impacts in the region, we must encourage them to think creatively and collaboratively, motivate them to use their talents and empower them to share their voices. We are fortunate to have a one-of-a-kind experiential learning facility and a fantastic team of facilitators to achieve our mission — and have fun while doing it. One student recently commented, ***“emPowerU was fun and a good way to help students feel confident in their ideas and know what to do to put their ideas into action.”***

I am confident that as you review this report, you will see the benefits our programs provide. Please take note of the high satisfaction rates shared by students and educators. We continue to evaluate and update our programs so they remain relevant to the communities we serve. We look forward to continuing to partner with you to grow the success of emPowerU programs.

Sincerely,



Devran Brower

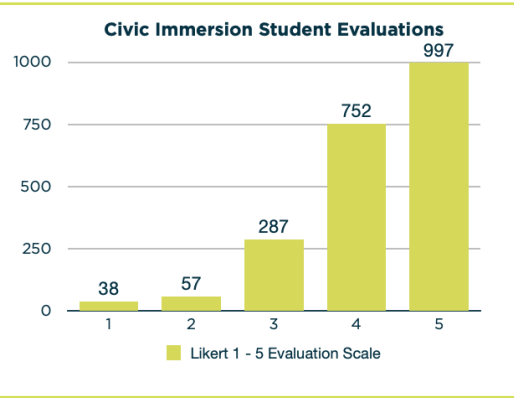


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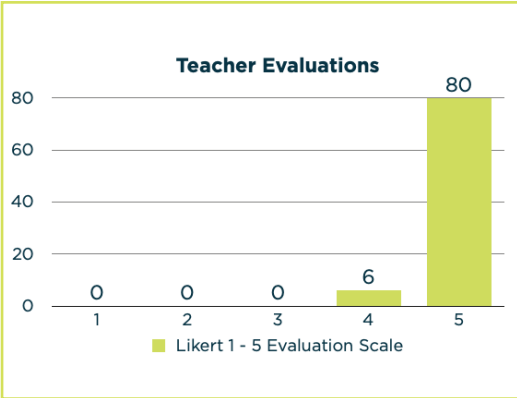
Civic Engagement Immersions

Since 2007, over **26,000** students have experienced the impact of our Civic Engagement Immersions.

The Foundation’s Board of Trustees have approved funding to make this program **free of charge** through 2025.



4.23 average, 95.5 percent satisfaction, 2,131 surveys completed



4.93 average, 100 percent high satisfaction, 86 surveys completed

Circuit One

Professionally trained facilitators guide participants through the discovery and discussion experience of Circuit One. Current engaging and relevant challenge topics set the stage for students to consider and come to a consensus on possible solutions. The full-day session culminates with student groups presenting their findings to their peers and the emPowerU Council that is made up of regional leaders.

A new and popular challenge topic this year was **Disconnect to Connect**. Educators selected this topic due to the high concerns of screen time and the COVID-19 impact of face-to-face communication among students.

Circuit Two

Circuit Two transforms the emPowerU facility into a region of diverse cities and towns. Students work within an assigned job, such as mayor or broadcast journalist and are tasked with discovering their community’s biggest challenge. Each Circuit Two experience culminates with a live presentation to the student-led’ hearing.

“I was able to observe my students deepening their thinking and building a deeper understanding of the topic that they were working with while applying skills and concepts that are being taught in the classroom. They were being leaders and cultivating new learning and understanding I do not think they would have had without this experience.

- Savannah R-III Educator

21st Century Skill Development

Educators continue to rate the Civic Engagement Immersions highly, as evident by this year’s 4.93 satisfaction average. Teachers find the program valuable as they see the levels of engagement and enjoyment students experience as they solve real-world problems. Additionally, they understand its benefit in relation to the Four Cs of 21st Century Skills: Collaboration, Creativity, Critical Thinking and Communication.

2022 — 23 Educator Survey Results:

COLLABORATION

- Students worked to develop ideas and create solutions with involvement of all team members: 98.8 percent
- Students helped each other when help was needed: 100 percent
- Teams worked together to solve problems: 100 percent

CREATIVITY

- Students encouraged to think outside-the-box for possible solutions: 96.5 percent
- Students used idea generating techniques to develop several different ideas: 97.7 percent
- Students used imagination when shaping ideas into a solution: 97.7 percent

CRITICAL THINKING

- Students understood their task and brainstormed viable solutions to each problem: 98.8 percent
- Students evaluated effectiveness and possible outcomes of multiple solutions: 91.8 percent
- Students could explain new understanding gained in the project: 94.1 percent

COMMUNICATION

- Students shared contrasting ideas/opinions in a respectful manner: 91.8 percent
- Students provided useful feedback to their peers: 88.4 percent
- Teams led effective discussions, all ideas heard and valued: 98.8 percent



Making a Difference in Bedford

In September 2022, high school students in Bedford, Iowa, Community School District were awarded a **\$9,148.75** Jump Starter grant to make a difference in their school and community.

Competitive Jump Starter grants up to \$10,000 are awarded to emPowerU participants for student-led community service projects within our service region. During the 2021 — 22 school year, Bedford High School participated in the e2 High School Fellowship program for the first time in history.

During their experience, students Jadyn Bucher and Silas Walston, along with Bedford educator Melissa Peterman, were inspired to create a multi-purpose space that could be used as an outdoor classroom, quiet reading area or picnic area for school district students and the Bedford community.

“Going to e2 Fellowship and learning about leadership, I definitely brought those skills to our school and used what I learned toward this project,” Jadyn said.

Students created the outdoor classroom space, designed the structure and are building the area. Community partners involved include the building trades class, Lucas Landscaping, Bedford Building Supply, TC Fabrication and Akin Building Center.

Jump Starter Grants

Since 2006, **\$383,193.75** in Jump Starter grants have been awarded.

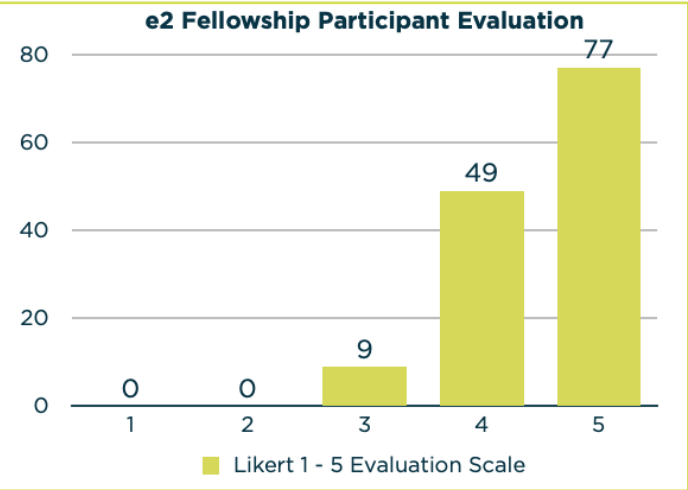
- Recent recipients include:
- Inspiring Young Minds, Jymmah Jones, Olivia McDowell, Kylee Wardenburg, Carden Park Elementary, \$590.83
 - Outdoor Classroom, Jadyn Bucher and Silas Walston, Bedford High School, \$9,148.75
 - School Beautification, Abby Parks and Griffin Weber, Troy High School, \$4,435.50
 - Hygiene Backpacks for the Homeless, Ivan Chatfield and Ella Ham, Bessie Ellison Elementary, \$3,500

e2 High School Fellowship

This intergenerational leadership program enhances the skills of emerging and experienced leaders. With four meeting days during the school year, high school teams from our 31-county service area gather together to learn about their own leadership styles, examine regional challenges and explore ways to implement positive change.

The teams are made up of two high school students and one adult sponsor. The 2022 — 23 academic year welcomed **39 participants from 13 schools**. Regional challenges examined included poverty and education effectiveness. New this year, students focused on how school attendance impacts education effectiveness. Ways to implement positive change on school attendance included incorporating different learning styles and further consideration of how credits are applied toward graduation.

The Foundation’s Board of Trustees have approved funding to make the e2 High School Fellowship program **free of charge** through 2025.



4.5 average, 93.3 percent high satisfaction, 135 surveys completed



STEAM Programs

In July 2022, the **Leah Spratt Charitable Trust** granted Mosaic Life Care Foundation funds to upgrade equipment used in emPowerU STEAM programs.

LEGO robotics have been a staple of our STEAM programs for many years. Many EV3 robots have been used in STEAM Camps, STEAM After-School and STEAM field trips. However, EV3 robotics have since been retired by LEGO. The grant provided funding to purchase 12 new LEGO SPIKE Prime robotic sets.

STEAM programs are designed to spark an interest in Science, Technology, Engineering, Art and Mathematics for students in grades 3 — 8. Activities include hands-on science experiments, coding drones, LEGO robotics and virtual reality explorers.



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Mosaic Life Care Foundation is a 501(c)(3) public charity committed to building healthy, thriving communities for generations to come. We believe in championing education and empowering people to live their best lives. When health care is needed, we are dedicated to ensuring exceptional health care is available, right here in our region.

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