



**Building healthy and
thriving communities**

November 2019

MOSAIC
LIFE·CARE
FOUNDATION

Greetings,

On behalf of the Mosaic Life Care Foundation Board of Trustees and caregivers, I thank you for your investment in our vision and mission. We are committed to building healthy, thriving communities for generations to come. We believe in championing education and empowering people to live their best lives. When healthcare is needed, we are dedicated to ensuring exceptional healthcare is available, right here in our region.

I invite you to read the empowering stories outlined in the pages ahead. I hope you will appreciate the number of students who experienced our Civic Immersion programs this past year, the dollar amount associated with grants and scholarships awarded and the reflective comments provided by a few of our stakeholders.

Please pause and reflect with me a moment on the history of our Foundation. We began 2019 as Heartland Foundation. We are ending 2019 as Mosaic Life Care Foundation. Our organization has been a catalyst for regional progress over the past 30 years. It has had several names including Methodist Medical Center Foundation and Heartland Regional Community Foundation.

The journey of the Mosaic Life Care Foundation is just beginning. We have the ability as a hospital system, foundation and region to think ahead like never before. With you, we continue being a positive catalyst towards building a healthy today, healthy tomorrow, healthy together.

With warmest regards,



Julie Gaddie, Ph.D.
Mosaic Life Care Foundation President



emPowered Youth



Civic Engagement Immersions participant experiences the role as broadcaster.



Larry Koch, Saint Joseph School District board member, is no stranger to Mosaic Life Care Foundation.

He has been involved with the Foundation since its 1984 inception and began volunteering as a Circuit One Council member since the program's 2007 beginning.

He finds his volunteer work at emPowerU allows him to develop relationships with Northwest Missouri students and create a common thread. Circuit One Civic Engagement Immersions is a program that connects Northwest Missouri students to community members. Through **knowledge sharing** and feedback, the program provides a path of **meaningful discovery** where youth learn problem solving skills that better equip them to be **invested members** of a **healthy and thriving community**.

Koch said that through his years of volunteering, what he has learned is that there is no idea that is off base.

"As I watch their solutions, I realize that their ideas were sometimes 180 degrees from what I was thinking," Koch said. "That has made me think of the 180 degree solution and work all the way around the problem."

Koch has found emPowerU participants to be smart, innovative and imaginative. He said to be a leader, you have to have an imagination.

"If you cannot imagine the future, you cannot create the future," Koch said. "Sometimes we do not recognize the value of a child's imagination."

The emPowerU Civic Engagement Immersions were created to raise our youth's awareness to the importance of civic responsibility. This provides them the opportunity to impact positive change, both individually and collectively, to make a difference in their community.

"What the kids do at Circuit One is so important and the skills they learn is helpful as adults," Koch said. "What they learn at Circuit One is how to research, work as groups, come to a consensus and present their final views. That is what adults should know how to do."



Jeremy Prudden, educator at Troy High School, has been to many leadership conferences and programs throughout his teaching career. Mosaic Life Care Foundation's e2 Fellowship program made the most impact.

When Prudden was asked to participate in e2 Fellowship for the 2018-2019 academic year, his first response was one of hesitation. He wondered if this commitment would be a waste of time. The answer was no.

"I knew from the very first day that this was going to be a beneficial program for the students," Prudden said. "They were able to talk about the concepts we learned that day on the ride home from the session."

Holly and Joseph, Troy High School student participants, were intrigued by the educational content of the program and the camaraderie they experienced with peers from other high schools.

"I could tell there is a lot of time and devotion put into this program," Joseph said. "There was a lot more that I learned that I did not expect to learn."

Since then, Prudden and his two fellow participants, Holly and Joseph, have developed a two-day mini leadership development program at Troy High School inspired by the knowledge gained from e2 Fellowship.

"It shows the other students that it is okay to be passionate about leadership, empathy, teamwork and communication skills," Prudden said. "It is okay to learn these things and it is important to learn these things."

Prudden believes in the work the e2 Fellowship team is doing. He said it is tough to reach the schools around the area, but it is important to spread the word.

"The team at emPowerU wants to make this region a better place where we cultivate leaders who decide to stay local and improve the community," Prudden said. "I think it is just the greatest thing."

Inter-Generational Leadership



Joseph, Holly and Prudden accept their e2 Fellowship certificates.

Grants

This year, our mission of building healthy and thriving communities lived through two St. Joseph School District students.

When seventh graders Ivan and Ella were enrolled at Bessie Ellison Elementary, they participated in emPowerU Civic Immersion programming. The immersions were created to raise youth's awareness to the importance of civic responsibility and provide them with the opportunity to impact positive change and make a difference in their communities.

"I think emPowerU was a great experience," Ella said. "It opened up a new mindset that kids our age can help people in our community and try to make it a better place."

After students experience our emPowerU program, they are eligible to apply for a competitive Jump Starters grant to assist with student-led service-learning projects in their community. Ivan and Ella applied for the grant to assist their Hygiene Backpacks for the Homeless Project. Their project was awarded \$3,500 and is being used towards the purchase of hygiene products and backpacks that will be donated to community agencies for distribution.

"emPowerU inspired us to make a difference," Ella said. "If we are there to give them [the homeless] the stuff that they need, then that can inspire them to get a second chance and do something good."

Ivan said if students have the opportunity to apply for the Jump Starters grant, they should do it.

"emPowerU inspires kids to help around the community and do better things," Ivan said. "It makes kids learn how to help."

\$15
Million

*Mosaic Life Care
Foundation has
awarded more than
\$15 million in grants
since 1984.*

“It opened up a new mindset that kids our age can help people in our community and try to make it a better place.” -Ella



Ella and Ivan accept their Jump Starters grant award with Bessie Ellison Principal Kara Anderson.

\$2 Million in Scholarships

Higher levels of education often influence life choices that impact physical, mental, financial and spiritual health. As individuals succeed, so do their communities.

Mosaic Life Care Foundation provides scholarships to enhance these opportunities for post-secondary students in our region.

2,437
Scholarships

Since 1984, Mosaic Life Care Foundation has awarded 2,437 scholarships totaling over \$2 million.

Innovative Learning

Eighth grader Reid decided to participate in Mosaic Life Care Foundation's STEAM Camps at emPowerU in St. Joseph and Think Ahead Works® in King City, Missouri. He wanted to make new friends, have fun and learn something new.

Reid's participation in TYNKER Coding provided him the opportunity to create his own video game. Reid said from his experience at STEAM Camps, he learned how to code, have an increased level of knowledge with technology and have effective problem-solving skills.

"STEAM Camps have helped me try to persevere through stuff and not give up," Reid said. "Even when it is hard, it is still fun to work through it."

emPowerU STEAM Camps are designed to create and develop an interest in science, technology, engineering, art and mathematics. Participants build machines, vehicles, tools, contraptions and robots.

Reid said learning about STEAM is important because it will allow him to have a better understanding of future careers available in our region.

"It is important to learn STEAM to give more people the opportunity for big jobs and help others," Reid said.

Registration information for our summer STEAM camps is available in early spring on our website: mlcfoundation.com.



155 Students

During fiscal year 2019, 155 students attended our summer camps. They learned about robotics, coding and animation. They also created and constructed their own inventions.

STEAM Camp participant creates a simple machine during LEGO 2.0 Robotics.





40 Makers

In 2019, more than 40 makers participated in "The Greatest Show (& Tell) on Earth."

**The Big Muddy Mini
Maker Faire®**

Hillyard Technical Center volunteers prepare bird houses for The Big Muddy Mini Maker Faire.

The Big Muddy Mini Maker Faire is an annual gathering of fascinating individuals who enjoy showing and telling what they can do.

Engineers, tinkerers, and much more, all by the name of “makers” come together for The Greatest Show (& Tell) on Earth. This glimpse of inspiration for future generations is a family-friendly showcase of invention, creativity and resourcefulness.

Hillyard Technical Center in Saint Joseph has been involved with The Big Muddy Mini Maker Faire since its first annual event in 2018. Brian Weed, a Hillyard educator, said the Faire is a great way for children and families to see what can be done.

“These people can see the gifts and talents the makers have for their hobbies or to make a living,” Weed said. “Talents that are productive for society and make a positive impact.”

STEAM is crucial for the development and education among our youth. It drives

innovation, creativity, observation and problem solving.

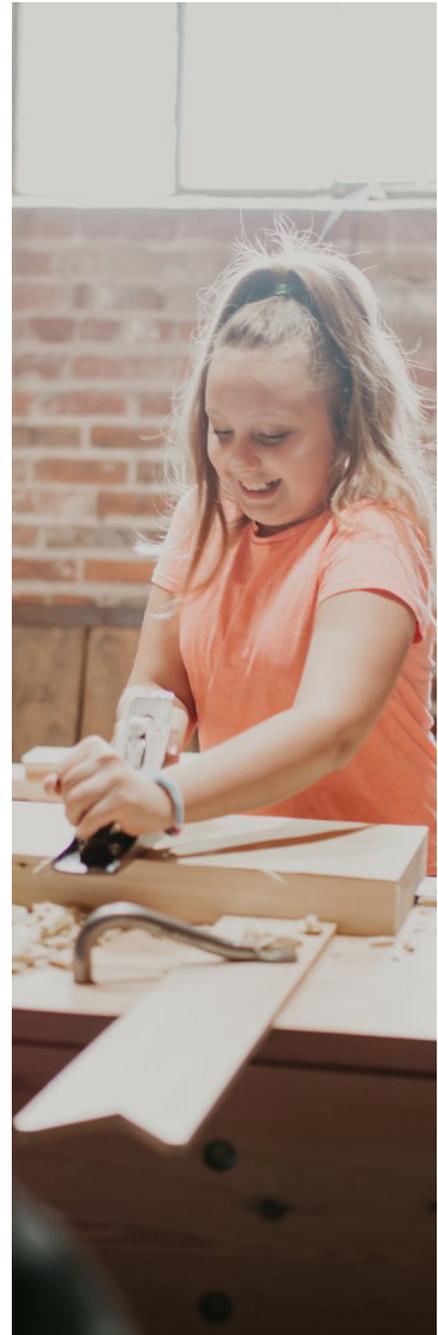
Weed said The Big Muddy Mini Maker Faire an opportunity to experience STEAM career options.

“I think this is a great way for kids to see upfront how to use their creative thinking skills, talents and dreams,” Weed said. “They can use that for their career and to make a difference.”

The 2019 Faire saw more than forty makers share their knowledge through hands-on projects, demonstrations and workshops. Area students, schools and public libraries provided examples of how innovation can happen through hands-on learning.

Save the date for our third annual Big Muddy Mini Maker Faire:
Saturday, March 7, 2020.

Visit thebigmuddy.makerfaire.com for more information about the Faire, apply to be a maker and to purchase tickets.



A Big Muddy Mini Maker Faire attendee tries her hand at woodworking.

Today, Tomorrow, Together

In March 2019, the Mosaic Life Care Foundation caregivers and Board of Trustees held a series of Small Group Vision Sessions. Stakeholders from Mosaic Life Care, Mosaic Life Care Foundation, Saint Joseph, Missouri and the greater northwest Missouri region were invited to provide their input on strategic positioning for the Foundation.

Melody Smith, Ph.D., executive director of Missouri Western State University's Center for Service, shared her voice as a former Mosaic Life Care Foundation board member and current Mosaic Life Care board member. She was one of more than one hundred community voices that shared areas of interest the Mosaic Life Care Foundation could explore for future enhanced partnerships in our community and the region we serve.

One emerging theme from the vision sessions was a call to action to become "healthy today" through the relationship between Mosaic Life Care and Heartland Foundation, now Mosaic Life Care Foundation. With this in mind, Smith said the Foundation had to support the community through a single mind, single voice and single entity for philanthropy and education. The Foundation had to meet the needs of the hospital and the community.

"Building a relationship requires intense efforts in finding parallel goals, like-minded interests and the give and take of deposits and withdrawals within the relationship," Smith said. "The Foundation Board and the Mosaic Life Care Board had to figure out a directional path that merged the efforts of each organization."

Following the small group discussions, Mosaic Life Care Foundation staff and Board of Trustees felt the timing was right to strengthen the Foundation's regional presence in northwest Missouri. From here, Heartland Foundation was renamed to the Mosaic Life Care Foundation and Mosaic Life Care's Philanthropy and Auxiliary departments transitioned to operate under the Foundation.

Mosaic Life Care Foundation looks forward to the future by investing in our region to become healthy today, healthy tomorrow and healthy together.

Mosaic Life Care Foundation is committed to building healthy, thriving communities for generations to come. We believe in championing education and empowering people to live their best lives. When healthcare is needed, we are dedicated to ensuring exceptional healthcare is available, right here in our region.

Mission support of Mosaic Life Care Foundation is possible through many options including the ones listed below.

Traditional Ways to Give

- Cash/Check/Credit Card
- Securities (Stock)
- Wills and Bequests
- Beneficiary Designations (Life Insurance, Retirement Plans)

Gifts That Provide Income

- Charitable Remainder Trusts (CRAT or CRUT)

Additional Ways to Give

- IRA Charitable Rollover
- Charitable Lead Trusts
- Real Estate
- Memorials and Tribute Gifts
- Endowed Gifts

Giving Opportunities



518 South 6th St.
Saint Joseph, Missouri 64501

Mosaic Life Care Foundation is a 501(c)(3) public charity dedicated to championing education and empowering people to build healthy and thriving communities.



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